



Queen City Figure Skating Club Presents



Grassroots to Champions Skating Seminar

Saturday, April 26th, 2014

7:00 am to 3:00 PM

Northland Ice Center

10400 Reading Rd. Cincinnati, Ohio 45241

The G2C seminars provide coaches and their athletes with proven techniques, the latest technology, and training perspectives to maximize potential in both sport and life.

Audrey K. Weisiger

The Grassroots to Champions Seminar features **Audrey Weisiger**, 2 time U.S. Olympics Coach, some of her former students include Michael Weiss (3 time U.S. Men's Champion, 2 time U.S. Olympic Team and World Bronze Medalist), Timothy Goebel (2002 Olympic Bronze Medalist), Lisa Kwon (National Novice and Intermediate Ladies Champion), and Christine Lee (World competitor). Audrey is a PSA & USFS Coach of The Year and creator of the Young Artists Showcase.



Sheila Thelen

Mrs. Thelen is the Executive Director of Grassroots to Champions. She holds a Professional Skaters Association Master Rating. Mrs. Thelen is the Designer and President of Champion Cords (Endorsed by the Professional Skaters Association International) for teaching skaters: alignment, position, muscle memory, awareness and technique. 2011 On Ice Dartfish Specialist - for the PSA International Conference, and has an ongoing article section in the PSA Magazine. In addition, after over 12 years of being a Skating Director of a large skating school - she consults to other Skating Directors & Managers on improving marketability and design of skating schools. Mrs. Thelen is the Director of all Extreme G2C Super Camps (held annually). She holds a Double Major from Hamline University.



Schedule will be emailed to all participants approximately 1 week before seminar

Registration 7:00AM, Lunch 11:00 to 12:00 and Dismissal 3:00 PM.

Registration forms available at www.queencityfsc.com

Please E-mail: g2c@queencityfsc.com for more information!